



Enhancement and Extra Curricular Programme

Spring term 2017

- **Enclosed are the details of all the extra-curricular activities running at the College this term. Please take this opportunity to get active, get creative or to try something new. There are new clubs which were not offered last year so look carefully at the list.**
- **See the member of staff in charge of any activity you are interested in for more detail.**



MONDAY

SPORT AND PE

ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
PREFECTS FITNESS CLUB	1.10-1.40	Year 7	Gym	Ashley Mitchell, Will Lancaster. Mrs H Bown
STRENGTH AND CONDITIONING	1.10-1.40	Academy students (by invitation only)	Conditioning suite	Mr Leach
MULTI SPORTS	1.10-1.40	By invite only	Sports hall	Miss A Brown
TEEN GYM ** cost involved see note on last page	3.00-4.00 4.00 – 5.00	Age 11-13 only Age 14 – 15 only	Sports hall gym Sports hall gym	LED instructors
FOOTBALL CLUB	1.10 – 1.40	Years 7 – 10 + Sports Leaders	College Field	Mr A Taylor
GIRLS CRICKET CLUB	3.00 – 3.45	Years 7 - 10	Sports Hall	Mrs N Hunt
OTHER				
HOMEWORK CLUB	3.00 – 4.00	Years 7 – 13	LS2	Mrs L Patch
HISTORY REVISION	1.10 – 1.40	Year 11	H6	Mrs S Anderson
GCSE GEOGRAPHY INTERVENTION	3.15 – 4.15	GCSE students (by invite)	H7 H3	Mr D Dagger Mr D Jeffrey

TUESDAY

SPORT AND PE

ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
BADMINTON	1.10-1.40	Years 7-11	Sports hall	Mr E Leach
TRAMPOLINING	3.00-4.00	Years 9 - 11	Sports hall	Miss C Bowles
TEEN GYM ** cost involved see note on last page	3.00-4.00	Age 14 - 15 only	Sports hall gym	LED instructors
OTHER				
LEGO CLUB	1:10-1:40	All	E9	Mrs S Lale
HOMEWORK CLUB	3.00 – 4.00	Years 7 – 13	LS2	Mrs. M. Stace
ZEN A lunchtime club where like-minded students can come and enjoy some peace and quiet. Students can choose activities which include crafts, games, films, meditation, planting seeds for Spring or just sit and chill. Bring your packed lunch or join us after you have been to the canteen.	1.10 – 1.50	Quiet students	H4	Ms M. Davies
HISTORY REVISION	1.15– 1.45	Year 11	H5	Mrs J Hill
GEOGRAPHY HOMEWORK CLUB – For all students who attend Geography lessons.	1.10 – 1.40	All Geography students	H3	Mr D Jeffrey
CRAFT – KNITTING If you already enjoy knitting or would like to learn how to knit please come and join in.	1.10 – 1.50	All	H4	Miss M Davies
ICT COMPUTING CATCH-UP	3.00 – 4.00	Year 11	IT4	Miss A Bazely


WEDNESDAY

SPORT AND PE

ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
NETBALL ACADEMY Strength and Conditioning	1.10-1.40	Academy (by invitation only)	Conditioning suite	Miss Brown
TABLE TENNIS	1.10-1.40	Years 7-11	Gym,	Mr A Taylor / Mr Lane
TEEN GYM ** cost involved see note on last page	3.00-4.00 4.00 – 5.00	Age 11-13 only Age 14 – 15 only	Sports hall gym Sports hall gym	LED instructors
NETBALL	3.00-4.30	Years 7-9 only	School courts	Miss Wyatt / Miss Brown
OTHER				
DEBATING SOCIETY	POSTPONED UNTIL FURTHER NOTICE			
FRENCH HELP SESSION	1.10 – 1.40	Years 7 and 8	L1	Mrs Stacpoole
MATHS HOMEWORK DROP-IN CLUB For any student who needs help or time to do their Maths homework.	1.10 – 1.40	Years 7 – 11	M8	Maths staff
RADIO CLUB The primary aim of Radio HCC is to broadcast weekly announcements/news from around the College. They are also a platform to celebrate the achievements of students and staff at HCC. Tutor groups can tune in every Wednesday from 8.25am to listen to music and catch the news headlines at 8.45am. Listeners can also enjoy music and discussion every break and lunch time. At the moment the station is operating on a 2 week schedule to produce a radio show that will be broadcast at the end of the second week. A student producer is chosen fortnightly to lead a team of broadcast assistants who will research news items, record performances, interview guests, script write and deliver other content for their show. Honiton residents can tune in on 87.7FM to listen in or hear the show as a podcast on the College website. If you have any exciting content ideas for the show or would like to get involved with Radio HCC, please see Mrs Creed (Creative Arts & Media Technician) or Mr Tobin. Radio HCC are always looking for special announcements, keen performers and people and groups to interview.	1.10 – 1.40	Years 8 – 13	Radio Studio	Mrs Creed / Mr Tobin
SOUND OF MUSIC REHEARSALS WEEK B: WEDNESDAY	1.20 - 1.50	Students	MU2	Mr Carter
MUSIC: GCSE ENRICHMENT WEEK B: WEDNESDAY	3.00 – 5.00	GCSE students	MU2	Mr Carter
ROBOTICS COMPETITION (Starting around February half term)	1.20 – 1.50	Year 9	S22	Mr Woodward

THURSDAY

SPORT AND PE

ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
NETBALL TEAM PRACTICE (TRAINERS ONLY)	1.10-1.40	Years 7-9	Sports hall courts	Miss Brown / Miss Wyatt
FUTSAL (INDOOR FOOTBALL) BOYS AND GIRLS	1.10-1.40	Years 7-9	Sports hall	Mr A Taylor / Mr Holt
TEEN GYM ** cost involved see note on last page	3.00-4.00	Age 14-15 only	Sports hall gym	LED instructors
NETBALL ACADEMY	3.00-4.00	Academy (by invitation only)	College courts	Miss Brown
FOOTBALL ACADEMY	3 – 4.15 (starting January)	Academy only	Field / conditioning suite	Mr A Taylor
OTHER				
HOMEWORK CLUB	3.00 – 4.00	Years 7 – 13	LS2	Mrs. Lale
ROCKET CLUB	3.00 – 4.00	Years 7 – 9	C1	Mr Smith
KOOL CODING FOR KOOL KIDS Programs, games and Much More!	1.10 – 1.40	Years 7 and 8	IT3	Sixth form leaders
BIKE CLUB We have two motor bikes in C1. One that is operational and one that needs to be restored. We aim to, over the year, restore a motorbike and maintain the other one. We also give older students the opportunity to ride under supervision in the summer term. You will learn basic mechanics and other processes such as welding. We also teach safety aspects of motor bikes linked to maintaining you vehicle	3.15 – 4.15	Years 7 – 13	C1	Mr Tobin / Mr Piper
SOUND OF MUSIC REHEARSALS THURSDAY: WEEK A WEDNESDAY: WEEK B	1.20 – 1.50	Students	MU2	Mr C Carter
SCIENCE CLUB	1.10 – 1.50	Years 7 – 11	S21	Mr S Whetton
GCSE MASTERCLASS SESSIONS  A set of masterclass lessons for GCSE food students to learn and experiment with presentation and food techniques and molecular gastronomy. Each session will focus on a different technique.	3.10 4.10	Year 10 GCSE Food Technology students	C3	Mrs Cory
'A' LEVEL HISTORY REVISION	1.15 – 1.45	Year 13 'A' Level students	H5	Mrs J Hill
CIPHER CLUB(WILL RESUME IN APRIL FOR THE ALAN TURING CHALLENGE)				Mr K Taylor

FRIDAY				
SPORT AND PE				
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
NETBALL	1.10-1.40	Years 10 and 11	Sports hall courts	Miss Bown
LEAD TO employability & A level/GCSE/BTec revision/D of E evidence logging	1.10-1.40	Relevant students	IT room	Miss Wyatt
TEEN GYM ** cost involved see note on last page	3.00-4.00 4.00 – 5.00	Age 11-13 only Age 14 – 15	Sports hall gym Sports hall gym	LED instructors
SPORTS SCIENCE REVISION	3.00 – 4.00	Year 11 GCSE PE students	L2	Various PE staff
OTHER				
MATHS HOMEWORK DROP-IN CLUB For any student who needs help or time to do their Maths homework.	1.10 – 1.40	Years 7 – 11	M8	Maths staff

SATURDAY				
SPORT AND PE				
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
TEEN GYM ** cost involved see note on last page	10.30-11.30	Age 11-15 only	Sports hall gym	LED instructors

**** TEEN GYM COSTS:**

Non-members: Induction £12.50 per person Session fee £4 per session

Membership:

Inspire membership £18per month on a 12 month contract

Joining fee £10

When you turn 16 and still want to continue using the gym then you will need to upgrade to the unlimited 16+ member ship with a student discount making it £25.50 per month but you will then be able to use the gym at any time and all adult classes etc.

Age 11-13: Can use the CV machines only, no weights.

Age 14-15: Can use the CV machines & machine weights

Age 16+: Can use the CV machines, machine weights & free weights

Session times:

Monday, Wednesday and Friday: 3.00 – 4.00 p.m. 11 -13 years. 4.00 – 5.00 14 – 15 years

Saturday and Sunday: 10:30 – 11:30 Mixed 11 -15 years

Tuesday and Thursday: 3.00 -4.00 p.m. 14-15 years

Induction times: Monday, Wednesday and Friday at 1p.m.

