



Enhancement and Extra Curricular Programme

Autumn Term 2017

- **Enclosed are the details of all the extra-curricular activities running at the College this term. Please take this opportunity to get active, get creative or to try something new. There are new clubs which were not offered last year so look carefully at the list.**
- **See the member of staff in charge of any activity you are interested in for more detail**

MONDAY

SPORT AND PE

ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
NETBALL TEAM PRACTICE	1:10-1:40	Years 7-11	Gym	Mrs Bown/Miss Wyatt
RUGBY ACADEMY STRENGTH AND CONDITIONING	1:10-1:40	Academy students (by invitation only) 10-11	Conditioning suite	Mr Skelding
TEEN GYM ** cost involved see note on last page	3:00-4:00	Age 11-13 only	LED Gym	LED instructors
TEEN GYM ** cost involved see note on last page	4:00-5:00	Age 14-15 only	LED Gym	LED instructors
NETBALL ACADEMY	3:00-4:30	Academy students (by invitation only) 10-13	School Courts	Jazmin Chester Mrs Bown

OTHER

SCIENCE REVISION CLUB	1:10-1:40	Years 10-11	S25	Ms Knight
HISTORY REVISION	3:00-4:00	Year 11	L1 H6	Mrs Stacpoole Mrs Anderson

TUESDAY

SPORT AND PE

ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
BADMINTON	1:10-1:40	Years 7-11	Sports hall	Mr Leach
TRAMPOLINING	3:00-4:00	Years 7-8	Sports hall	Miss Bowles
NETBALL	3:00-4:15	Year 7-11		
TEEN GYM ** cost involved see note on last page	3:00-4:00	Age 14-15 only	LED Gym	LED instructors

OTHER

LEGO CLUB	1:10-1:40	All	E9	Mrs Lale
HOMEWORK CLUB	3.00 – 4.00	Years 7 – 13	LS2	Mrs Stace
HISTORY REVISION	1.10 – 1.40	Year 11	H6	Mrs Anderson
GEOGRAPHY HOMEWORK CLUB – For all students who attend Geography lessons.	1.10 – 1.40	All geography students	H3	Mr D Jeffrey
ICT COMPUTING CATCH-UP	3.00 – 4.00	Year 11	IT4	Miss A Bazely
CRAFT CLUB	3:00-4:00	Years 7-11	Library	Mrs Burgess
STUDENT/STAFF CHOIR (AFTER OCTOBER HALF-TERM)	1:10-1:40	ALL	MU1	Mr Kidd
VISUAL ARTS GCSE students: support with coursework, home learning, and the opportunity to explore techniques and materials in more detail. KS3 students: support with home learning and class project work as well as the opportunity to develop artistic skills and techniques beyond lessons.	3:00-4:30	Year 10-11	C3 (Photography)	Mrs Adams

Student CreATE leaders are invited to suggest activities they would like to lead with staff support.

WEDNESDAY				
SPORT AND PE				
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
RUGBY	1.10-1.40	Years 7-9	College field	Mr Skelding / Mr Leach
TABLE TENNIS	1.10-1.40	Years 7-13	Gym	Mr A Taylor / Mr Lane
TEEN GYM ** cost involved see note on last page	3.00-4.00	Age 11-13 only	LED Gym	LED instructors
TEEN GYM ** cost involved see note on last page	4:00-5:00	Age 14-15 only	LED Gym	LED instructors
OTHER				
MATHS HOMEWORK DROP-IN CLUB For any student who needs help or time to do their Maths homework.	1.10 – 1.40	Years 7 – 11	M8	Maths staff
RADIO CLUB The primary aim of Radio HCC is to broadcast weekly announcements/news from around the College. They are also a platform to celebrate the achievements of students and staff at HCC. Tutor groups can tune in every Wednesday from 8.25am to listen to music and catch the news headlines at 8.45am. Listeners can also enjoy music and discussion every break and lunch time. At the moment the station is operating on a 2 week schedule to produce a radio show that will be broadcast at the end of the second week. A student producer is chosen fortnightly to lead a team of broadcast assistants who will research news items, record performances, interview guests, script write and deliver other content for their show. Honiton residents can tune in on 87.7FM to listen in or hear the show as a podcast on the College website. If you have any exciting content ideas for the show or would like to get involved with Radio HCC, please see Mrs Creed (Creative Arts & Media Technician) or Mr Tobin. Radio HCC are always looking for special announcements, keen performers and people and groups to interview.	1.10 – 1.40	Years 8 – 13	Radio Studio	Mrs Creed / Mr Tobin
MUSIC LEADERS (WEEK B ONLY)	1:10-1:40	KS3/4 leaders	MU1	Mr Kidd
BAND REHEARSALS For those that need somewhere to rehearse with their band.	3:00-4:00	Open to those in a band.	MU1	Mr Kidd
BELIEFS AND VALUES REVISION	3:00-4:00	Year 11	L1	Mrs Stacpoole
VISUAL ARTS GCSE students: support with coursework, home learning, and the opportunity to explore techniques and materials in more detail. KS3 students: support with home learning and class project work as well as the opportunity to develop artistic skills and techniques beyond lessons.	3:10-4:30	Years 7-11	C20/C19	Ms Blockley


Student CreATE leaders are invited to suggest activities they would like to lead with staff support.

THURSDAY

SPORT AND PE

ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
STRENGTH AND CONDITIONING MULTI-SPORTS	1:10-1:40	Academy (by invitation only)	Conditioning Suite	Mr Leach
FUTSAL (INDOOR FOOTBALL) BOYS AND GIRLS	1.10-1.40	Years 7-9	Sports hall	Mr A Taylor / Mr Holt
TEEN GYM ** cost involved see note on last page	3:00-4:00	Age 14-15 only	LED Gym	LED instructors


OTHER

HOMEWORK CLUB	3.00 – 4.00	Years 7 – 13	LS2	Mrs. Lale
MUSIC TECHNOLOGY CLUB Open to anyone with an interest in recording music, producing music and using computers to create music	1:10-1:40	ALL	MU1	Mr Kidd
 JAZZ BAND Open to students who have music lessons (any instrument) in or outside school - grade 2 and above)	3:00-4:00	ALL (whom play an instrument Grade 2+)	MU1	Mr Kidd

FRIDAY

SPORT AND PE

ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
NETBALL ACADEMY (STRENGTH AND CONDITIONING)	1.10-1.40	Academy (by invitation only)	Conditioning Suite	Jazmin Chester/ Mr Skelding/ Mr Leach

LEAD2EMPLOYABILITY & A level/GCSE/BTec revision/D of E evidence logging	1.10-1.40	Relevant students	PE Office	Mr Taylor and Mrs Bown
TEEN GYM ** cost involved see note on last page	3.00-4.00	Age 11-13 only	LED Gym	LED instructors
TEEN GYM ** cost involved see note on last page	4:00-5:00	Age 14-15 only	LED Gym	LED instructors
OTHER				
MATHS HOMEWORK DROP-IN CLUB For any student who needs help or time to do their Maths homework.	1.10 – 1.40	Years 7 – 11	M8	Maths staff
SAMBA BAND (WEEK A ONLY) 	1:10-1:40	ALL (Students and staff)	MU1	Mr Kidd

SATURDAY				
SPORT AND PE				
ACTIVITY	TIME	YEARS	LOCATION	STAFF IN CHARGE
TEEN GYM ** cost involved see note on last page	10.30-11.30	Age 11-15 only	LED Gym	LED instructors

**** TEEN GYM COSTS:**

Non-members: Induction £12.50 per person Session fee £4 per session

Membership:

Under 16 joining fee £10

Under 16 12 month loyalty membership £24.50 per month

Under 16 rolling month membership £28 per month

Student 16+ joining fee £25

Student 16+ 12 month loyalty membership £26.20 per month

Student 16+ rolling month membership £30 per month

Age 11-13: Can use the CV machines only, no weights.

Age 14-15: Can use the CV machines & machine weights

Age 16+: Can use the CV machines, machine weights & free weights

Session times:

Monday, Wednesday & Friday: 11-13yrs 3-4pm, 14-15yrs 3-6pm

Tuesday 14-15yrs 3-6pm

Thursday 14-15yrs 3-6pm

Saturday and Sunday 11-13yrs 10-11am, 14-15yrs 8-11am.

Induction times: Monday, Wednesday, Thursday and Friday 1-2pm. Sunday 9-10am.